

Positively Speaking

By Mark Wilson

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If You Think You Can

I once heard my friend, John Maxwell, say, "Your attitude determines your altitude." How true that is!!

When you boil it down, just about everything in life is related to attitude.

Did you know that a poor attitude is the number one reason why people are dismissed from their jobs? Do you realize that attitude is the primary difference between mediocre football teams and Super Bowl contenders? Do you understand that your success in marriage, work, and living depends largely on your attitude?

Quality of life is not measured by what happens to you -but by how you respond. As Helen Workman said, "It's not what you have to meet, it's how you meet what you have."

A doom -and -gloom pessimist will find problems in every possibility. An optimist will see the opportunities in every obstacle.

A set-back is a dead end to a pessimist. For an optimist it is only a detour.

A pessimist longs for the "good old days", while the optimist believes that the best is yet to come.

Pessimism drains energy and shrivels the soul. Optimism, on the other hand, brings refreshing hope and enthusiasm.

Pessimists criticize and complain about people. Optimists use their words to encourage and inspire.

The pessimist declares, "The sky is falling!" The optimist says, "The sky's the limit!"

An anonymous bard penned these words almost a century ago:

If you think you are beaten, you are.

If you think you dare not, you don't.

If you like to win, but think you can't it's almost certain you won't.

Life's battles don't always go to the stronger or faster man; but soon or late the man who wins is the one who thinks he can.

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