

Positively Speaking

By Mark Wilson

06/05/09

Take the Time

Sometimes life seems like an exercise bicycle – we spin our wheels furiously and never seem to get anywhere. Often, we are caught up in a rat race of hectic schedules and deadlines. We become so busy with the urgent that we forget the more important things of life.

Wouldn't it be nice if everyone, including you, would stop right now and appreciate the small, but precious gifts each moment brings? Take time for them and they will deliver much joy.

Take Time To Listen: Most of us are self-centered. We need to step back from ourselves and lend a listening ear to others. God has given you two ears and one mouth. They should be used in that proportion.

Take Time to Learn: Life is a classroom always in session. Never stop learning about your world, your God, your friends and yourself. A living brain is a learning brain. Keep the "learning switch" on all day long and you will make many exciting discoveries!

Take Time To Laugh: Laughter is medicine for the soul. Show me a person who doesn't laugh and I'll show you a miserable scrooge. How long has it been since you've had a good laugh? If it's been a while, I urge you to stop whatever you're doing and "go hunting" for something to laugh about. Funny things aren't too hard to find if you look for them.

Take Time To Live: Some folks are so involved with the business of "surviving", that they forget to live. We all need to relax and enjoy the journey. Take time for a wide variety of experiences. Meet new friends. Travel. Take a long hike. Join a new organization. Do something unusual every day. Live life to the fullest!

Take Time to Love: Loving and giving bring a sense of destiny to life. When we love, we are doing what matters most. Take time to express how much you cherish your family. Say "I love you" often. Time invested in building relationships is never wasted. The greatest waste is to live without loving.

Take the time for life's most important matters, and your life will be packed full of joyful surprises! Spread love and cheer to others and they will return the favor.

Hayward Wesleyan Church

10655 State Rd. 77 · Hayward, WI 54843

Phone: 715-634-4613 · Fax: 715-634-7823 · Website: www.haywardwesleyan.org