

Positively Speaking

By Mark Wilson

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Two Kinds of Good Days

Sometimes, life is like cruising down a highway on a summer day.
At other times, it's like hiking through a murky swamp.

There are "smooth sailing" days -- and then there are the ones filled with bumps and jolts.

But one thing lies in common: They're both good.

They don't both FEEL good, mind you -- but they're good, nevertheless.

The sunshine days are good for carefree laughter, pleasure and fun.
The dark and difficult days are good for character development.

Either way -- it's still a good day.

If you're going through the dark valley, don't despair. Joy will come in the morning. Learn the valuable lessons life has to offer -- and keep trudging forward. Don't give up.

As Dag Hammarskjold stated, "When the morning's freshness has been replaced by the weariness of midday, when the leg muscles quiver under the strain, the climb seems endless, and suddenly, nothing will go quite as you wish -- it is then that you must not hesitate."

"I love the man who can smile in trouble," observed Thomas Paine, "that can gather strength from distress, and grow brave by reflection. 'Tis the business of little minds to shrink; but he whose heart is firm, and whose conscience approves his conduct, will pursue his principles unto death."

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